

Your Quit Date.

Quitting tobacco is one of the most important dates you'll ever decide on.

**PROJECT
FILTER**
IDAHO FIGHTS TOBACCO



FREE nicotine patches, lozenges, and gum.

1-800-quit-now | projectfilter.org

You say when. We'll show you how.



IDAHO DEPARTMENT OF
HEALTH & WELFARE

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SEPTEMBER
24

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